

PROCEDURE to order a special diet

You can order a special diet:

- for a single day (light lunch)
- or for a long period (sanitary or ethic diet)

LIGHT LUNCH

If your child has a temporary gastrointestinal disease you might want to order a light lunch.

To do this you will need to fill in the **Mod F2** (direct link to find it is here: <https://andersenschool.it/2021-2022-school-forms/>).

This has to be filled in by one of the parents and delivered to the school office or scanned and sent to secretary@andersenschool.it **by 9.15 am** (after this time Milano Ristorazione's kitchen will not process it)

Please note: the light lunch can be ordered for a maximum of 5 days a month.

SANITARY OR RELIGIOUS/ETHICAL DIET

THE FIRST TIME

If it is the first time you apply for a diet, please fill in:

- **Mod A2 (for sanitary diets**, which you have to fill in together with your doctor)

or

- **Mod B2 (for religious/ethical diets**, which you can fill in by yourself)

You can find the forms on <https://andersenschool.it/2021-2022-school-forms/>.

HOW TO APPLY FOR A DIET:

1. fill in the relevant form
 2. send it back to secretary@andersenschool.it
 3. Attach the copy of the student's Italian medical card.
- by the 31st May 2021

If you apply after this date, be aware that Milano Ristorazione will need approximately 1 week – 10 days in order to activate the service, even more time in September due to the workload.

RENEWAL

If you have already applied for a sanitary or religious/ethical diet that has no expiry date, be aware that it lasts automatically ONLY till the end of each (Italian) school cycle, therefore

- if your child goes to Y2 or Y7 or Y10

or

- if the request you made in the past has expired
then you need to follow the first procedure outlined, as if it was the 1st time you
apply for it.

If you apply for a diet during the school year, we suggest you always download
the form from the provider's website: www.milanoristorazione.it -> famiglie ->
modulistica to be sure it is updated.

Should you need any further information (eg. discussing particular health issues,
..), please refer to Milano Ristorazione directly, see the contacts below:

Milano Ristorazione - Ufficio Diete

From 11:30 till 12:30 from Monday to Friday

Tel : 800.710.980 press 4

If you are calling from a mobile please dial: 02.36669106