

## Pre-Kindergarten & Kindergarten Projects | A.Y. 2025–2026

A JOURNEY OF DISCOVERY, MOVEMENT, and EMOTIONAL GROWTH

### ***Pet Therapy***

A gentle experience for young children, fostering empathy, confidence, and emotional connection through guided interaction with animals.



### ***Baby Yoga***

A playful yoga programme for young children, combining movement, breathing, and sensory activities to nurture both physical and emotional development.

### ***Emotions in Music***

A creative programme led by a music specialist and a child psychotherapist, helping children recognise and express their emotions through sound, rhythm, and play.

